



# ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

 @StMikesWaterloo

80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

Father Pawel Jamroz, Pastor email: [pastor@stmichaelw.ca](mailto:pastor@stmichaelw.ca)

## SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

## WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

## SACRAMENT OF RECONCILIATION

15 minutes before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Sunday 6:15-6:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

## PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

## PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

## OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

## SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

## CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students ([jp2waterloo.ca](http://jp2waterloo.ca)).

## SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

## PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

## HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

## ST. VINCENT DE PAUL SOCIETY

Due to COVID-19, emergency food deliveries from our parish are currently on hold. If there is an urgent need, please call 519-742-8327 and press 2 for the House of Friendship food assistance program. Monthly collections have also been "paused" for 2022 due to inactivity for the foreseeable future.

## BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

## PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

**FROM THE PASTOR'S DESK**

***Weekly Gospel Reflection*** (Mt 17:1-9)



In the midst of His glorious Transfiguration Jesus speaks with Moses and Elijah about His coming suffering and death (Lk 9:31). Doing so, the Lord wants us to know that the Glory of God is not only manifested on the glorious mount of Transfiguration but also on Calvary, on that mountain when Jesus suffers and dies.

Thus, the Transfiguration of the Lord reveals deep truth about each of us. God's glory is manifested in our lives not only when we are the most successful and healthy but also at the time when we are bound down by suffering, illness, and even when we die.

Fr. Jamroz

**WELCOME TO ST. MICHAEL PARISH**

Welcome, we are glad you're here! For details on our parish life, please check out our website: [www.stmichaelw.ca](http://www.stmichaelw.ca)



**Tuesday, March 7, 2023**

**7:00 pm** + Helen Benninger – The Family

**7:30pm-8:30pm** Holy Hour with Adoration & Benediction

**Wednesday, March 8, 2023**

**12:15 pm** + Roland Albert – Simone Schultz

**Thursday, March 9, 2023**

**12:15 pm** + Bill Bernhardt – Jenny Bernhardt

**Friday, March 10, 2023**

**8:00 am** + Jadwiga Kozubal – Maria Kuzio

**8:30am-9am** Adoration of the Blessed Sacrament

**7:00 pm** + For the Parishioners of St. Michael Parish

**7:30 pm** + Stations of the Cross

**Saturday, March 11, 2023**

**5:00 pm** + Bernard Adlys – Sonia Adlys and Family

+ Brian Galvin – Marilyn & Joseph Reid

+ Special Intentions of Theresa Tait

**Parish Office Hours**

The parish office is open Monday to Friday from 9:00 am to 4:30 pm. If you are in need of a priest, you can contact Fr. Jamroz by telephone at 519-884-9311 ext. 27 or by email at [pastor@stmichaelw.ca](mailto:pastor@stmichaelw.ca).

**Sunday Homilies Online**

Sunday homilies are available weekly online in audio version through our parish website – just click on the button 'LISTEN TO HOMILY'.

**The Church is Open for Prayer**

The Church is open for quiet prayer Monday to Friday, from 9:00 am to 4:00 pm.

**Prayer Intentions**

Prayer intentions are placed at the front of the Altar that are remembered privately at Mass during the prayers of the faithful. You can also have your request shared with our prayer group ministry. If you wish to have a prayer intention added, please go to our website [www.stmichaelw.ca](http://www.stmichaelw.ca) and click on the link on the bottom of the page or contact the parish office by phone or email.



**Fridays of Lent - Mass and Stations of the Cross**

Every Friday during Lent we have **Mass at 7pm** followed by the **Stations of the Cross**

## Why is Lent forty days long?

Forty days is a traditional number of discipline, devotion, and preparation in the Bible. Thus, Moses stayed on the Mountain of God for forty days (Ex 24:18 and 34:28), ... Elijah traveled forty days before he reached the cave where he had his vision (1Kgs19:8), ... and most importantly, prior to undertaking His ministry, Jesus spent forty days in the wilderness praying and fasting (Mt 4:2). Since Lent is a period of prayer and fasting, it is fitting for Christians to imitate their Lord with a forty-day period. Thus, the Catechism of the Catholic Church states: "*By the solemn forty days of Lent the Church unites herself each year to the mystery of Jesus in the desert*" (CCC 540). (Excerpt from ewtn.com)

## Moms Ministry Monthly Small Group:

### *The Ministry of Motherhood* part 2 on March 6th

Join the Moms Ministry for part 2 of their small group series unpacking the book, *The Ministry of Motherhood*, uncovering ways to use biblical wisdom and practical teachings. We meet the first Monday of the month at 7:30pm in the Parish Resource Centre (basement). We are exploring Part 2 this month, but new group members are welcome at any stage along the way. For registration, information on how to purchase your copy of the book, and for a list of all 5 meetings and our reading plan visit <https://stmichaelw.ca/womens-ministry>. Questions? Email [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

## Vacation Bible School

We are looking for youth and adult volunteers to help us run Vacation Bible School this summer from **August 21 to 25**. This is a great opportunity for high school students to complete volunteer hours. Please contact the Parish office for more information at [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

## Prayer Shawl Ministry

Members of St. Michael's knit and crochet prayer shawls and pray for people who are ill or have experienced a loss. The next meeting is **March 8** at 1 pm in the library. Please consider joining this ministry. All are welcome.



## Coffee Sunday

Join us next Sunday after the 9 am and 11 am Masses in the parish hall for coffee and fellowship.

## CWL Rosary On-Line during Lent 7:00 pm Mondays

All are invited to join together in praying the Rosary on **Monday** evenings during Lent – February 27<sup>th</sup>, March 6<sup>th</sup>, March 20<sup>th</sup>, March 27<sup>th</sup>, and April 3<sup>rd</sup>. (Note March 13<sup>th</sup> will be missed due to March Break.) **The Rosary will be prayed on-line over Zoom at 7pm.** It will be led by a member of the CWL. If you would like to join, please email Shani Pregelj: email = [cwl@stmichaelw.ca](mailto:cwl@stmichaelw.ca) or phone 519-883-8933 to request the Zoom link. **All are welcome to participate – CWL members, parishioners and friends.**

## Heartache to Healing Grief Support Group

Our monthly informal support group meetings are open to anyone. We meet in the Parish Resource Centre the 2nd Wednesday of the month at 7:00 pm. Upcoming dates: **March 8<sup>th</sup>** and **April 12<sup>th</sup>**. Come when you can.



DIocese of HAMILTON

**Evenings with His Excellency** – Bishop Wayne Lobsinger invites everyone to join him for "Evenings with His Excellency". This is an opportunity to learn more about our Catholic Faith based on the Catechism of the Catholic Church. Class is the second Friday of each month, at 7pm - 8:30 p.m. at St. Ann Church, Ancaster. This month we will begin our look at *The 10 Commandments*. It is also available by livestream on St. Ann's YouTube channel. No cost, no homework, just an opportunity to learn about our faith, all are welcome.

**Adult Faith Formation through VLCFF** - The Diocese of Hamilton is proud to partner with Dayton University's Virtual Learning Community for Adult Faith Formation (VLCFF) to offer certificate programs for ministry and enrichment for adult faith formation. Three and five week e-seminars are available at a discounted rate for all adults in the Diocese looking to further their learning. For more information about our programs, and how to register, visit us at [www.hamiltondioceselearns.com](http://www.hamiltondioceselearns.com).

**World Youth Day at Home** - We know many young people are unable to make the international pilgrimage to celebrate World Youth Day this summer in Lisbon. We invite any young person who is interested in gathering together to celebrate World Youth Day here at home in Diocese of Hamilton this August to let us know by completing the survey found at: <https://wyd.hamiltondiocese.com/>. This survey of interest closes March 10th, 2023.





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Eat in call Manager 519-884-2060  
Wednesday Spaghetti: Take out/Eat in call  
Manager 519-884-2060, place orders by 2:30 pm  
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